

# LADIES WEEKEND

## VRIJDAG

18:15 - 19:15

Ladies Boxing | Studio 3  
Jordann

EXTRA

18:15 - 19:15

RPM | Studio 2  
Erwin

18:30 - 19:30

Yoga | Studio 1  
Orathai

EXTRA

19:30 - 20:30

365 Shape | HITT Box  
Lorenzo

20:00 - 21:00

Zumba | Studio 1  
Jeandaura

EXTRA

20:00 - 21:00

Kickboxing | Studio 3  
Danny

