

MA				DI				WO				DO			
STUDIO 1	STUDIO 2	FITNESS BOVEN	BOXING FITNESS	STUDIO 1	STUDIO 2	FITNESS BOVEN	BOXING FITNESS	STUDIO 1	STUDIO 2	FITNESS BOVEN	BOXING FITNESS	STUDIO 1	STUDIO 2	FITNESS BOVEN	BOXING FITNESS
	07:15 365 RPM								07:15 365 RPM						
09:00 365 BBB		09:00 365 BSK		09:30 365 Pilates		09:00 365 BSK 09:30 365 HIT-it		09:00 365 Body Shape		09:00 365 BSK 09:30 365 HIT-it				09:00 365 BSK 09:30 365 HIT-it	
10:00 365 Pilates			10:00 *365 Shape Power				10:00 365 Kickboxing	10:00 365 Steps			10:00 *365 Shape Functional				10:00 365 HIT-it
18:30 365 Body Shape		18:00 365 BSK 18:30 365 HIT-it		18:30 365 Body Combat		18:00 365 HIT-it 19:00 365 BSK				18:30 365 BSK 19:00 *365 Shape Functional		18:30 365 Body Combat		18:00 365 HIT-it 19:00 365 BSK	
19:30 365 Zumba	19:00 365 RPM	19:30 *365 Shape Functional	19:30 365 Zaktraining (conditie)	19:30 365 Steps	19:00 365 RPM		19:00 *365 Shape Power 20:00 365 Ladies Punch & Shape	19:30 365 Body Pump			19:30 365 Zaktraining (conditie)	19:30 365 Zumba		20:00 365 Spinning MY RIDE	20:00 365 Zaktraining (conditie)
20:30 365 Body Pump			20:30 365 Kickboxing	20:30 365 Flow Yoga							20:30 365 Kickboxing				

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STUDIO 1	STUDIO 2	FITNESS BOVEN	BOXING FITNESS	STUDIO 1	STUDIO 2	FITNESS BOVEN	BOXING FITNESS	STUDIO 1	STUDIO 2	FITNESS BOVEN	BOXING FITNESS	STUDIO 1	STUDIO 2	FITNESS BOVEN	BOXING FITNESS
	07:15 365 RPM														
09:00 365 Body Shape		09:00 365 BSK 09:30 365 HIT-it		09:30 365 Body Pump	09:30 365 RPM XL			09:30 365 Body Pump				09:30 365 Body Pump			
10:00 365 Pilates				10:30 365 Body Combat		10:00 *365 Shape Functional		10:30 365 Flow Yoga		10:30 365 RPM					
				11:30 365 Zumba		11:00 365 HIT-it	11:00 365 Zaktraining (conditie)			11:00 365 HIT-it				11:00 365 HIT-it	11:30 365 Kickboxing
														12:00 365 BSK	
		17:30 365 BSK													13:00 365 Kickboxing Kids
	19:00 365 RPM	18:30 365 BSK 19:00 *365 Shape													
			20:00 365 Kickboxing												

**FITNESS365**  
5 STERREN CLUB VOOR EEN 2 STERREN PRIJS

**LES MILLS**  
**ZUMBA**  
FITNESS

