

MA		DI		WO		DO		VR		ZA		ZO	
STUDIO	FITNESS	STUDIO	FITNESS	STUDIO	FITNESS	STUDIO	FITNESS	STUDIO	FITNESS	STUDIO	FITNESS	STUDIO	FITNESS
	08:00 365 CrossFit*		07:00 365 CrossFit*				07:00 365 CrossFit*		08:00 365 CrossFit*				
09:00 365 Body Pump	09:00 365 BSK	09:00 365 Body Shape	09:00 365 BSK	09:00 365 Body Shape	09:00 365 BSK	09:00 365 Pilates	09:00 365 BSK	09:00 365 Yoga	09:00 365 BSK	09:00 365 Spinning		09:30 365 Body Pump	
	09:30 365 Let it Burn!		09:30 365 Let it Burn!		09:30 365 Let it Burn!		09:30 365 Let it Burn!		09:30 365 Let it Burn!				10:00 365 BSK
10:00 365 Pilates		10:00 365 Vitaal	10:00 365 CrossFit*	10:00 365 Zumba		10:00 365 Spinning	10:00 365 CrossFit*	10:00 365 Steps		10:00 365 Body Pump		10:00 365 Body Pump	10:00 365 BSK
											10:30 365 Let it Burn!	10:30 365 Spinning MyRide	10:30 365 Let it Burn!
										11:00 365 Zumba			
												11:45 365 Yoga	
20:00 UUR - 21:00 UUR 365 BOOTCAMP OUTDOOR													
18:00 365 Zumba		18:00 365 Spinning				18:00 365 Dance							
	18:30 365 CrossFit*							18:30 365 Spinning					
19:00 365 Body Pump		19:00 365 Body Pump	19:00 365 BSK		19:00 365 BSK	19:00 365 Body Combat	19:00 365 BSK		19:00 365 BSK				
	19:30 365Shape*		19:30 365 Let it Burn!	19:30 365 Yoga	19:30 365Shape*		19:30 365 Let it Burn!		19:30 365 Let it Burn!		19:30 365Shape*		
20:00 365 Pilates		20:00 365 Body Combat				20:00 365 Body Pump							
	20:30 365 HIT-IT			20:30 365 Spinning	20:30 365 CrossFit*					20:30 365 HIT-IT			
21:00 365 Spinning		21:00 365 Kickboxing											

**FITNESS365**  
5 STERREN CLUB VOOR EEN 2 STERREN PRIJS



—EXCLUSIEF—  
SPORTCENTRUM

**LES MILLS**

